



Scotch Whisky Action Fund - 2018 Awardees



Young People		
Organisation	Amount Awarded	Project Description
Alcohol Education Trust	£18,033	<p>Project Name: Talk About Alcohol Education Programme</p> <p>The Alcohol Education Trust plan to develop their national operation by establishing a Scottish Office which will help them to impact more young people's lives by promoting positive choice and informing upon the dangers of alcohol misuse. The Scottish Office will host a Coordinator to support the delivery of the 'Talk About Alcohol' programme. It is becoming increasingly essential to have a dedicated member of staff based in Scotland to liaise with local authorities, public health and with professionals who lead on alcohol education in schools, but also have it tailored to Scottish laws and education. At the moment the Alcohol Education Trust have access to the English literature which teachers in Scotland have to adapt. The new part time coordinator post will deliver training to teachers. The initial 2 year remit of the satellite office is to make the 'Talk About Alcohol' available to the 364 secondary schools (290,000 children) and 14 additional needs schools (7000) in Scotland. The aim is to ensure that Scottish children have access to the same level of evidenced, enjoyable and interactive alcohol education as children in England. The outcomes for young people will be; increased awareness of risks associated with alcohol and drug misuse; increased emotional resilience and knowledge of life skills and tool to enhance wellbeing; and improved behaviour in classroom. In addition, teachers will have a better understanding of alcohol units, guidelines, the law, alcohol and its effects, and effective and engaging teaching methods that are proven to improve health outcomes and deliver behavioural change.</p>

<p>Crossreach Simpson House 52 Queen Street Edinburgh EH2 3NS</p>	<p>£16,070</p>	<p>Project Name: The Sunflower Garden Project</p> <p>Crossreach offers diverse social care needs to children, young people, families, older people, vulnerable adults and people living with a disability. Crossreach would like to continue to provide a therapeutic horticultural intervention, called the Sunflower Garden, to 18 young people aged (12-25) who have been referred by services, due to being at risk from either their own drug and alcohol misuse or a family member's. The Sunflower Garden has the overarching aim to prevent multi-generational alcohol abuse to prevent young people adopting parent's risk taking behaviours. At the Sunflower Garden young people are offered counselling, one-to-one support, group led learning and there is also opportunity for young people to link into more intensive longer term support. The outcomes for the young people will be increased self-esteem, increased safety, improved behaviour and attainment at school.</p>
<p>Health Opportunities Team 1a Queens Walk, Edinburgh, EH16 4EA,</p>	<p>£23,205</p>	<p>Project Name: Substance Use (South East)</p> <p>Health Opportunities Trust plan to run a Substance Use project within South and East Edinburgh, which will help young people (12-25) who have been referred by a range of services, due to being at risk from either their own drug and alcohol use or a family member's. The project will provide counselling to those currently abusing drugs/alcohol, and support to those at risk of following parents behaviours. 15 young people will benefit from the programme with sessions including peer and group led learning, one-to-one support with more intensive support offered. Outcomes for the young people will be increased emotional resilience and wellbeing,, increased awareness of risk, and increased safety.</p>
<p>Edinburgh Young Carers Project (EYCP) Norton Park 57 Albion Road Edinburgh EH7 5QY</p>	<p>£15,669</p>	<p>Project Name: Activity Support Project</p> <p>The Edinburgh Young Carers Project have been awarded Scotch Whisky Association grant funding to provide residential activities, core skills, family events and safety sessions to young carers who look after family members that misuse alcohol. The 5 day residential trip provides opportunities for young people to remain free of their caring responsibilities and enjoy their childhood. The outcomes for the young people are that they are better able to cope at home and are at lower risk of developing alcohol abuse issues. This programme will complement the organisation's other work that aims to reduce alcohol-related harm by providing specialist support to young carers who care for a family member(s) with alcohol addiction. 60 Young Carers between the ages of 5 and 20 years old and their families will benefit.</p>

<p>Eildon West Youth Hub 47A Ladhope Vale, Galashiels TD1 1BW</p>	<p>£17,348</p>	<p>Project Name: TD1 Off-street</p> <p>Eildon West Youth Hub will provide two-weekly sessions which will work directly on the ground to target groups and individuals who have been identified as at-risk of alcohol misuse. An estimated 50 young people will benefit. Some may also have displayed or been at-risk of anti-social behaviours, violence, drug use and other offences. Eildon West Youth Club hope to take a holistic approach based upon Alcohol Brief Interventions. Immediate diversionary activities will be offered, including access to sports and creative sessions. Through a community outreach approach two youth workers will meet young people hanging-out on the streets, and encourage the young people to come into the hub. Outcomes will be reduction in harmful behaviours, reduction in anti-social, criminal or drug activities. The sustainability and long terms impact of the programme is supported by staff building long terms relationships between the youth workers and young people.</p>
<p>O.A.S.I.S - Oban Addiction Support and Information Service 13 Craigard Road Oban Argyll PA34 5NP</p>	<p>£10,000</p>	<p>Project Name: Animal Assisted Intervention</p> <p>Working in partnership with a local animal rehoming project – Argyll Animal Aid – O.A.S.I.S will reach out to 192 young people aged 11-19, who either have a history of alcohol misuse or be considered at risk of doing so, owing to either issues of poor mental health and/or parental alcohol and drug misuse.. Many of the beneficiaries have been excluded from mainstream education, are care-experienced, and/or have spent time in prison or secure accommodation. Young people will help Argyll Animal Aid to help train rescue dogs to be placed in new homes, young people will demonstrate improvements in confidence, self-esteem, reduced offending, attendance to school, college or employment, family relationships, mental & physical wellbeing and a reduction in alcohol usage. They will also gain skills in the training and care of animals.</p>

<p>Kyle of Sutherland Hub South Bonar Estate Bonar Birdge Sutherland IV24 3AQ</p>	<p>£12,620</p>	<p>Project Name: Saturday Evening Youth Cafe</p> <p>The Kyle of Sutherland will deliver a fortnightly evening youth café, where young people will get to take part in diversionary activities and also receive a meal. The project responds to a request from young people to have access to more adult like social activities. They will be asked to book a table, have orders taken and be served. There will a younger atmosphere in the café with music, videos and live entertainment. Young people will be able to take part in fitness classes, life skills sessions such as cooking, creative workshops and sports games. Each session can accommodate 40 young people and they expect 388 young people to benefit over the 12 month period of funding. Kyle of Sutherland Hub plan to use the Saturday evening sessions to increase awareness amongst young people of the dangers of misusing alcohol, increase their participation in social and physical activities and educate young people on the benefits of healthy eating and drinking. As a result of the project work young people will be better informed, will be less isolated, be more confident, be more engaged with other activities available at the hub and have an opportunity to develop new skills. Kyle of Sutherland Hub hope to see a reduction in illegal drinking among young people in the community. This in turn will encourage young people to become more active in their local community taking up added responsibilities such as volunteering and establishing youth committees.</p>
<p>Stoneyburn and Bents Future Vision Group The Wee Croft Glenview Crescent Stoneyburn EH47 8DD</p>	<p>£10,000</p>	<p>Project Name: Gorilla Landscapers</p> <p>Stoneyburn and Bents Future Vision Group will deliver a new project to offer employability training to vulnerable unemployed young people who live in Stoneyburn and are misusing alcohol or have difficulties due to the alcohol misuse of another family member. The project will run three days per week, two days will involve learning practical skills in areas such as gardening, fencing, brickwork and soft landscaping. The third day will involve educational input from services such as West Lothian’s Drug and Alcohol Service, West Lothian Youth Action Team and other support services. Stoneyburn will reach out to 50 young people and benefits will include young people being better informed with regards to the risks of alcohol misuse, have increased decision making skills, and overall be supported towards a more positive future.</p>

<p>Visual Statement 1000 Westerhouse Road Glasgow, G34 9JW</p>	<p>£9,000</p>	<p>Project Name: Pink to Black</p> <p>Visual Statement will deliver a new musical drama project called Pink to Black, which is designed to reach out to 18 young girls in the Easterhouse community of North West Glasgow, to young primary school girls, who have been found to be drinking alcohol and causing nuisance behaviour. Visual Statement, will write develop and perform in an original drama production, based on the music of Pink, the artist. The drama production will be called 'Pink to Black' and show the decline of a young person through alcohol misuse and the impact this has on her relationships, health and wellbeing. The young people will be involved in the production taking starring roles and publically performing the production to their family, friends and local community which provides further opportunity for raising awareness of alcohol misuse among young people. The outcomes for young people will be: new opportunities to be involved in community activities, having more knowledge of the dangers of alcohol misuse, having improved health and wellbeing and opportunities to educate other young people on the dangers of alcohol misuse. Visual Statement hope to sustain and grow the programme by sharing the production with local schools, community centres and youth groups, so they too can hold performances as an educational tool.</p>
<p>Yipworld 19 Barrhill Road, Cumnock KA18 1PG</p>	<p>£10,000</p>	<p>Project Name: Stomping Ground</p> <p>Yipworld is based in East Ayrshire and will run a street-outreach service to 12 vulnerable young girls under 18, living in the Communities of Cumnock and Auchinleck areas, who are taking part in anti-social behaviours, drinking and gang culture. Youth workers in partnership with Police Scotland will engage young people to take part in the 'Stomping Ground' programme, which includes a host of diversionary activities for young people to take part in such as sports, cooking, crafts and pamper sessions. There will also be regular focus group, information and advice sessions held each week which will focus on alcohol awareness, peer pressure, gang culture and personal safety. As trusting relationships develop between the young people, staff and police, it is hoped that the young people will engage in other opportunities at Yipworld including employability training, independent living skills, personal development classes and volunteering opportunities. Yipworld also hope to extend the activities to young people in the surrounding villages. As a result of the project, young people will be more confident and will have better ability to make informed choices. Young people will also be more optimistic about their future and be better placed to make positive choices in relation to alcohol as well as be more active citizens. It is hoped that young people will also have made new friends and more positive relationships.</p>

<p>Fast Forward 4 Bernard Street, Edinburgh EH6 6PP</p>	<p>£18,268</p>	<p>Project Name: Wasted</p> <p>Fast Forward works to support young people to make informed choices about their health and wellbeing. With the help of the Scotch Whisky Action Fund Fast Forward will partner with Strange Town Theatre Company to deliver 'peer-theatre' performance called 'Wasted' to young people which will address risk taking behaviours. Fast Forward and Strange Theatre Company have previously worked together to deliver the theatre production and they will now be expanding their reach, by engaging with and performing to young school children in S2 and S3, living in the Lothians.</p> <p>The 40-minute play was developed in partnership with young people, and is performed by young actors. Topics covered include anti-social behaviour, peer pressure, injury, conflict and alcohol-associated violence. Following the performance, actors then stay in character to facilitate a workshop alongside a youth worker. Pupils are asked to reflect upon the choices made within the piece, identify associated risks and discuss alternatives. Fast Forward will reach out to 1,865 young people and the outcomes for young people will be: improved understanding of alcohol-related harm and making informed and positive choices. By equipping the young people with the tools to make better and more resilient choices, Fast Forward hope to reduce the risk of alcohol harm on the physical and mental well-being of pupils.</p>
<p>Families</p>		
<p>Addictions Counselling Inverness 108 Church Street, Inverness, IV1 1EP.</p>	<p>£9,150</p>	<p>Project Name: Family Member Counselling</p> <p>Addictions Counselling Inverness would like to expand their one to one counselling sessions to family members, or significant others, to people who misuse alcohol, within the rural areas of Nairn, Badenoch and Strathspey. Addictions Counselling Inverness finds that alcohol misuse affects each member of the family, from the unborn child to the problem drinker's spouse. Alcohol has far reaching effects not only on physical problems for the problem drinkers, but also may result in physical and psychological problems for other members of the family including depression, substance misuse, anxiety, trauma, erosion of trust, heightened sense of responsibility and shame. Spouses and partners of people who misuse alcohol report experiencing hatred, self-pity, exhaustion, low self-esteem and stigma. The new service, will provide counselling to 12 people, who due to being unable to travel, could not access counselling services in Inverness. The outcome of family counselling will be: reduction in domestic abuse, social isolation, anxiety and depression</p>

Communities		
<p>West Dunbartonshire Council for Voluntary Service (CVS) Arcadia Business Centre, Miller Lane, Clydebank, West Dunbartonshire, G81 1UJ</p>	<p>£9,294</p>	<p>Project Name: Men's Befriending Group</p> <p>West Dunbartonshire Council for Voluntary Service (CVS) will run a new pilot project to launch a befriending group to 30 men aged 50-80 years to help reduce isolation and alcohol misuse, whilst also building resilience. Over the last three years the organisation has seen an increase in male referrals for their over 60s one to one befriending service. These referrals come from GPs, health professionals, social work services and dentists. By providing a group befriending service, more men will benefit from the service, reducing waiting list times. The benefit to the men are increased resilience and involvement in community activities and reduction in isolation and loneliness.</p>