

Drinkaware Research

December 2014

Research Objectives

- o Understand respondents' attitudes towards alcohol consumption
- Understand respondents' patterns of alcohol consumption
- Assess respondents' awareness of advertising regarding alcohol consumption
- Assess respondents' awareness of The Sense Group and <u>www.drinkawaremalta.com</u>
- Test three advertising campaigns
- Gauge the respondents' perceptions towards the adverts
- Test the respondents' knowledge of the BAC limit

Methodology

WHEN? Data collected between Monday 17th November – Monday 8th December

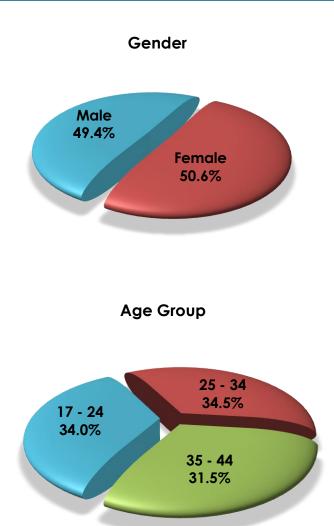
WHERE? All the regions in Malta

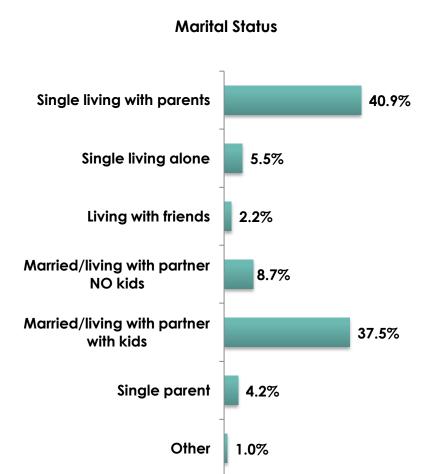
WHO? 403 respondents aged between 17 and 44, residing in Malta.

HOW? Stratified random sample in terms of age and gender within each region;

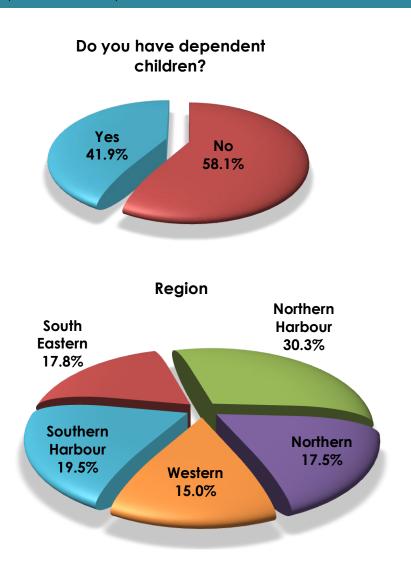
Structured personal interviews carried out by in-house research interviewers.

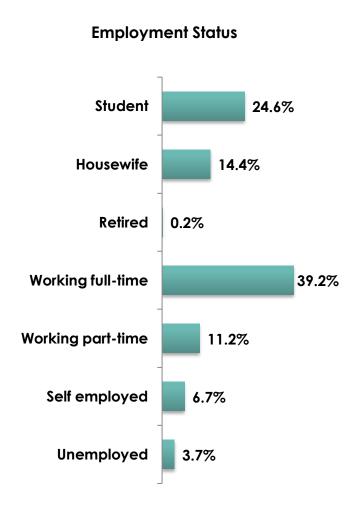
Sample Profile



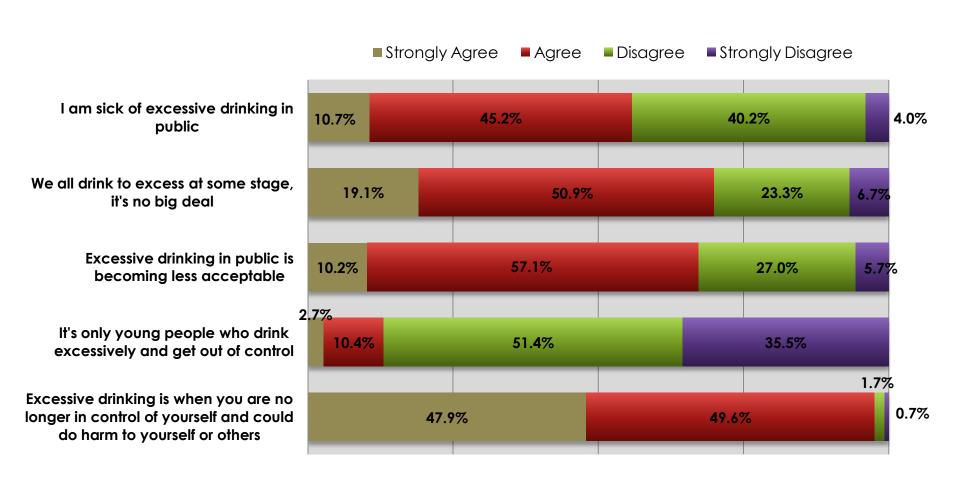


Sample Profile





Attitudes towards Alcohol Consumption



Attitudes towards Alcohol Consumption

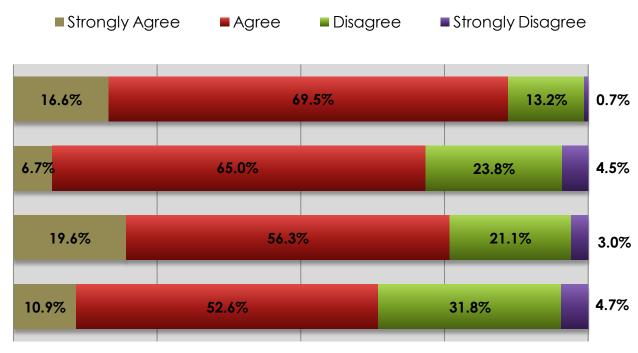
Sample base: 403 respondents

I have become much more aware of excessive drinking and how it affects others

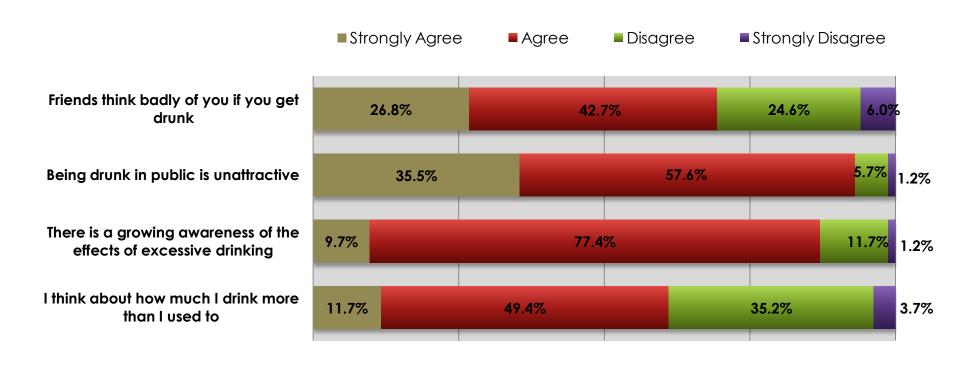
All the advertising about drinking moderately is definitely having an impact

The government has to do more about excessive drinking

Excessive drinking in public must be stopped by any means

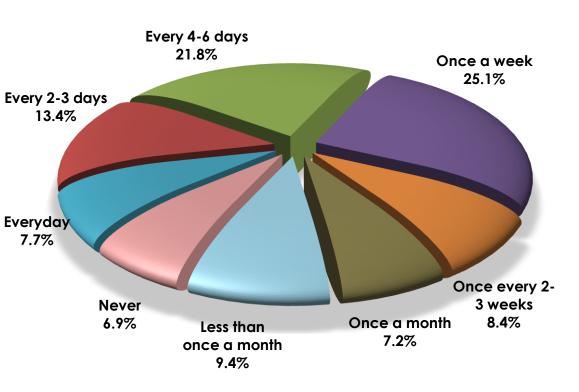


Attitudes towards Alcohol Consumption

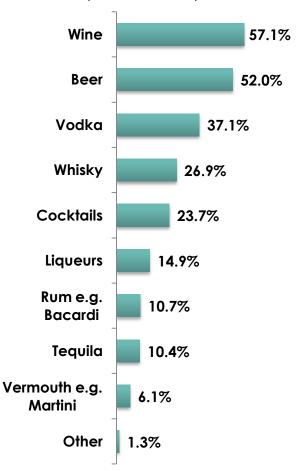


How frequently, do you drink alcohol?

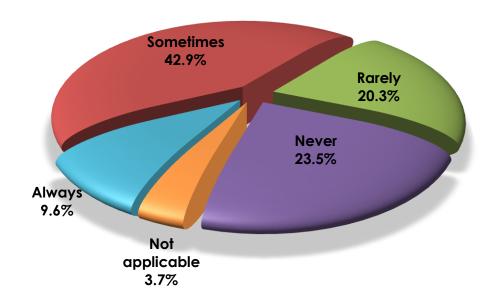
Sample base: 403 respondents



Type of alcoholic drink consumed on a regular basis

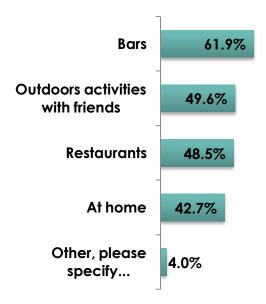


Do you ever consume different types of alcohol during one night?

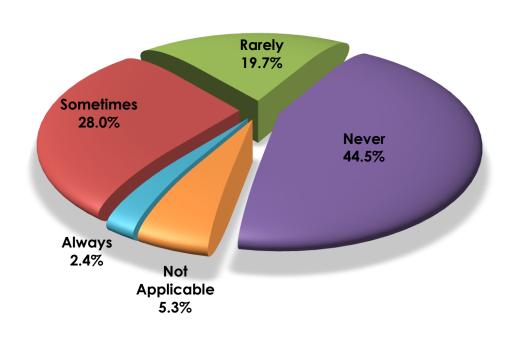


Where do you usually consume alcohol?

Sample base: 375 respondents

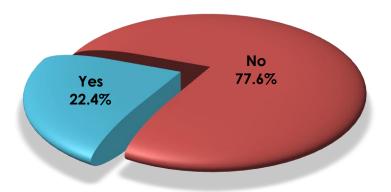


Do you purchase bottles of alcohol with the intention of consuming them before going out?

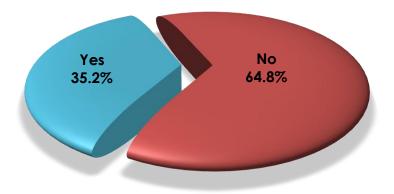


In the last month, have you suffered from a hangover?

Sample base: 375 respondents

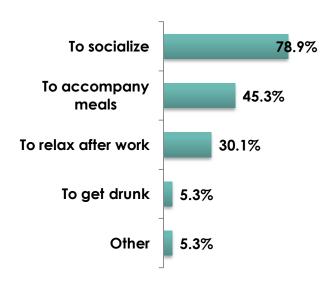


In the last month, has there been any occasion where you drank more alcohol than you should have?

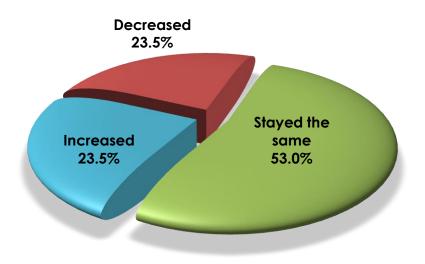


Do you consume alcohol with the intention:

Sample base: 375 respondents



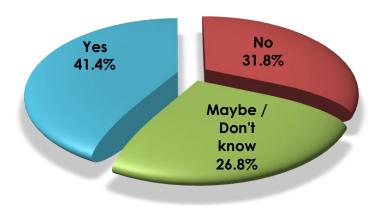
Respondents' alcohol consumption during the past year



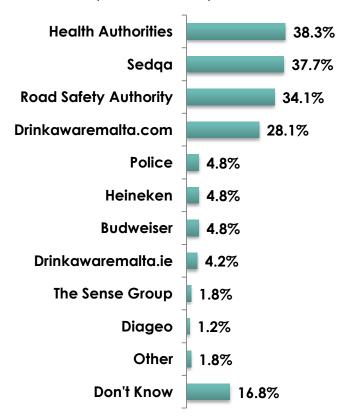
Advertising regarding Alcohol Consumption

Have you seen, read or heard any advertising recently about drinking alcohol in moderation?

Sample base: 403 respondents

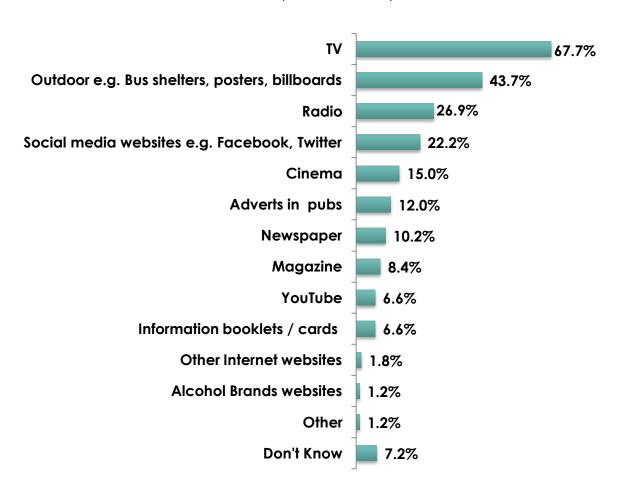


For which organisation/company do you remember seeing, reading or hearing advertising about drinking alcohol in moderation?



Advertising regarding Alcohol Consumption

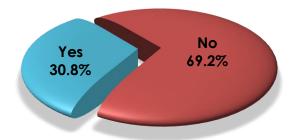
Where have you recently seen, read or heard any advertising about drinking alcohol in moderation?



Respondents' Awareness

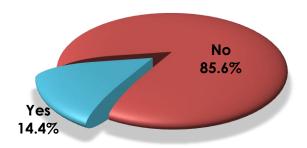
Have you heard of drinkawaremalta.com?

Sample base: 403 respondents



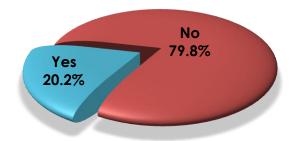
Have you heard of the Sense Group in Malta?

Sample base: 403 respondents

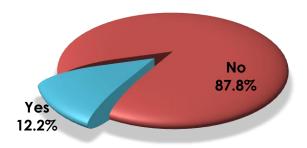


Have you ever visited drinkawaremalta.com?

Sample base: 124 respondents

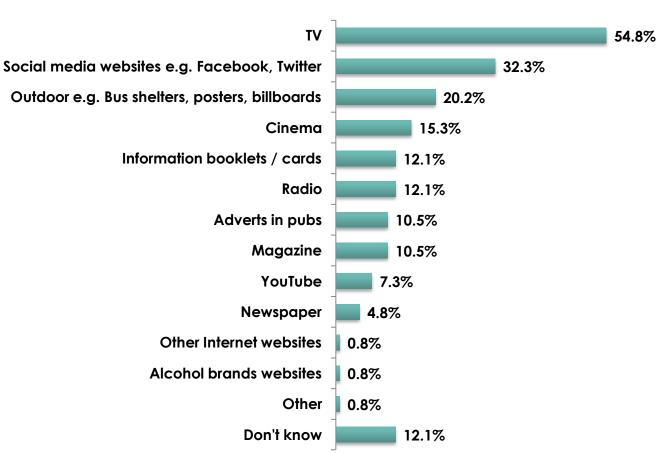


Have you ever visited similar websites?



Respondents' Awareness

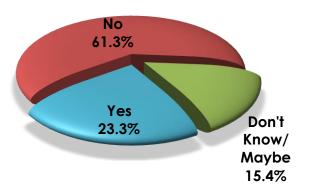
Where have you heard anything about drinkawaremalta.com?



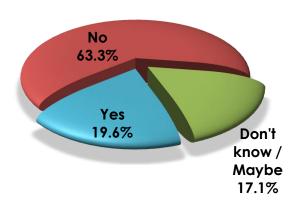
Advertising Campaigns

Sample base: 403 respondents

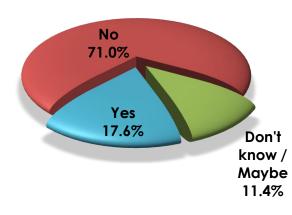
Have you seen this advert recently?



Have you seen this advert recently?



Have you seen this advert recently?



KNOW YOUR LIMITS



OUT OF CONTROL



WHEN ONE IS ONE TOO MANY



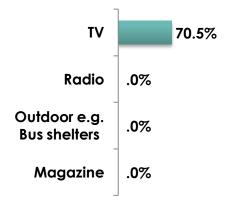
Screenshots have been taken from video adverts for presentation purposes. All the participants were shown the full video adverts.

Media Effectiveness

Advert 1
KNOW YOUR LIMITS



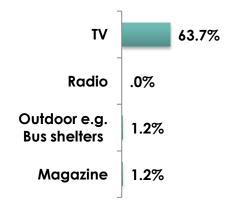
Sample base: 95



Advert 2
OUT OF CONTROL



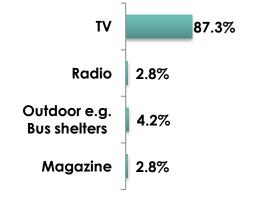
Sample base: 80



Advert 3
WHEN ONE IS ONE TOO MANY



Sample base: 71

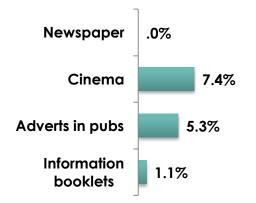


Media Effectiveness

Advert 1
KNOW YOUR LIMITS



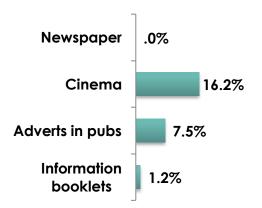
Sample base: 95



Advert 2
OUT OF CONTROL



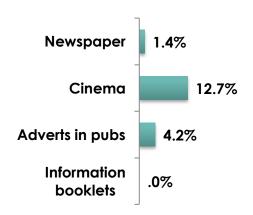
Sample base: 80



Advert 3
WHEN ONE IS ONE TOO MANY



Sample base: 71

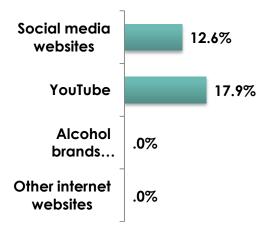


Media Effectiveness

Advert 1
KNOW YOUR LIMITS



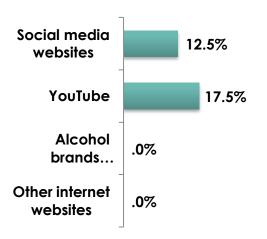
Sample base: 95



Advert 2
OUT OF CONTROL



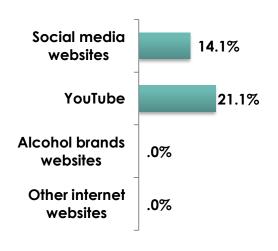
Sample base: 80



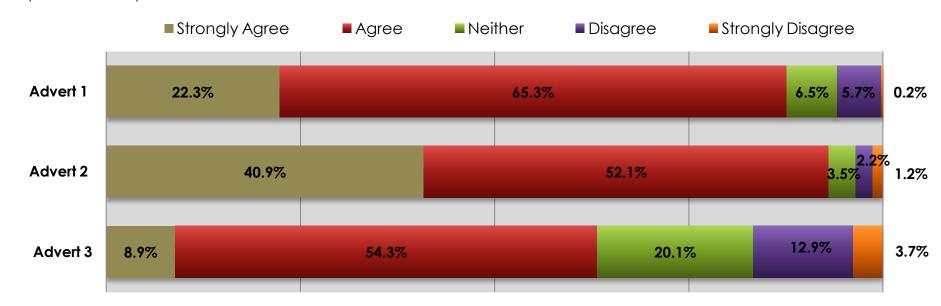
Advert 3
WHEN ONE IS ONE TOO MANY



Sample base: 71



Encourages people to drink sensibly



Advert 1
KNOW YOUR LIMITS



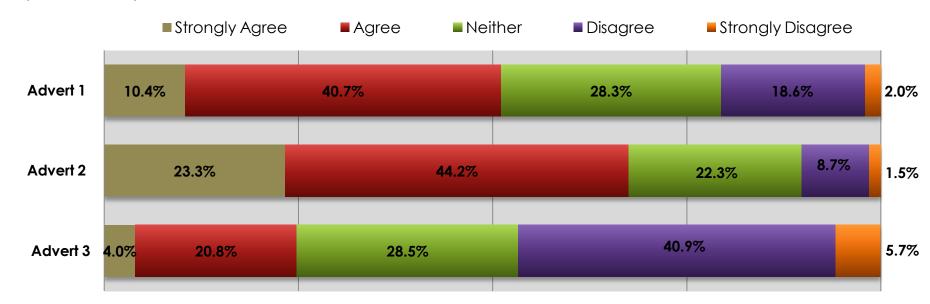
Advert 2
OUT OF CONTROL



Advert 3
WHEN ONE IS ONE TOO MANY



Makes me think about my own drinking



Advert 1
KNOW YOUR LIMITS



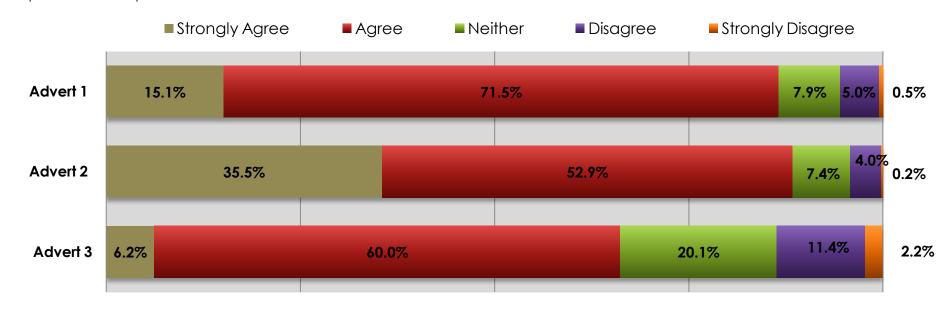
Advert 2
OUT OF CONTROL



Advert 3
WHEN ONE IS ONE TOO MANY



Helps me realize the unacceptability of public drunkenness



Advert 1
KNOW YOUR LIMITS



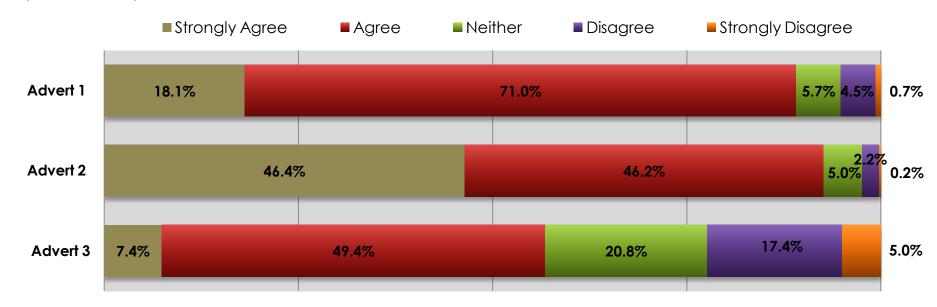
Advert 2
OUT OF CONTROL



Advert 3
WHEN ONE IS ONE TOO MANY



Highlights the impact of public drunkenness on others



Advert 1
KNOW YOUR LIMITS



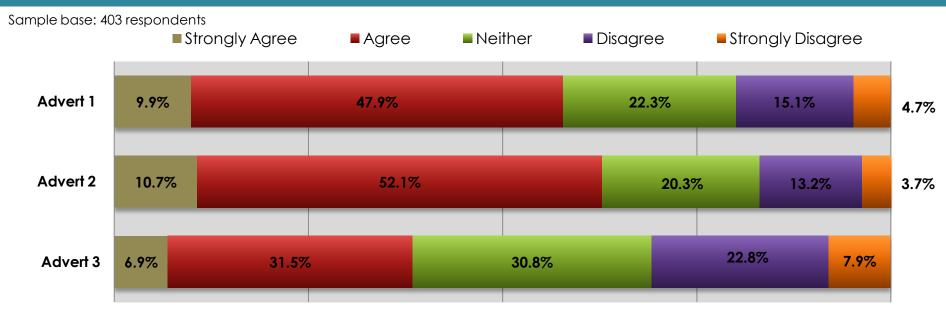
Advert 2
OUT OF CONTROL



Advert 3
WHEN ONE IS ONE TOO MANY



Makes me knowledgeable about the alcohol content of a standard drink and able to evaluate how much is too much



Advert 1
KNOW YOUR LIMITS



Advert 2
OUT OF CONTROL

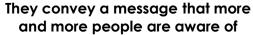


Advert 3
WHEN ONE IS ONE TOO MANY



General Perceptions re the Adverts

Sample base: 403 respondents

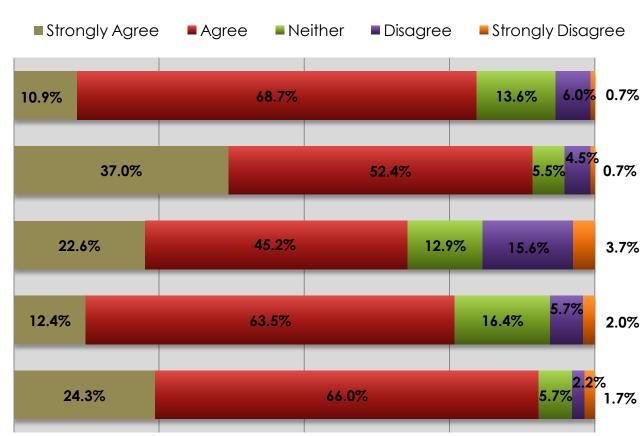


They show that you should not drink to get drunk

They are primarily targeted for people who drink and drive

They make you think about how much you drink

The adverts illustrate how getting drunk is embarrassing



General Perceptions re the Adverts

Sample base: 403 respondents



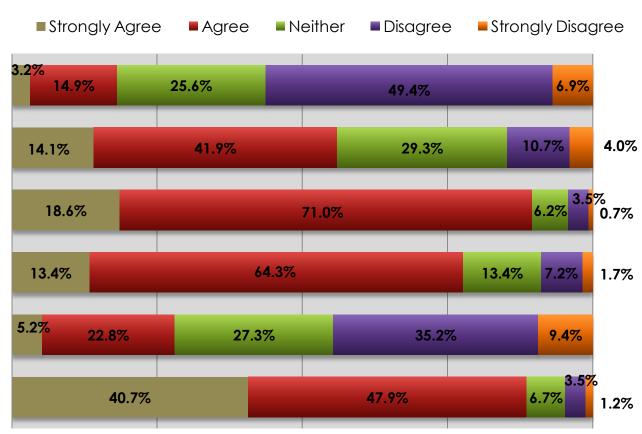
Being drunk in public is very unattractive to the opposite sex

They show that getting drunk spoils other people's night out

They will make people think twice about drinking excessively

I don't think they will reduce how much people drink

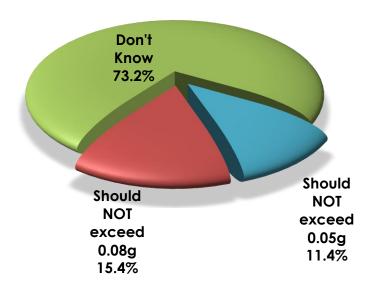
You will regret getting drunk the next day



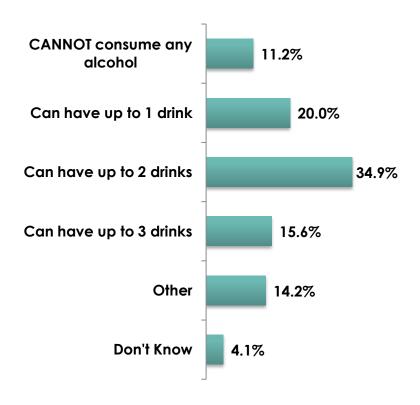
Knowledge of BAC Limit

What is the Blood Alcohol Concentration (BAC) level for a person to be able to drive according to the drink-drive laws in Malta?

Sample base: 403 respondents



If you do not know the BAC limit, how many drinks, if any do you think a person can have if they intend to drive?



Comparison with past results

- o Respondents seem to be more aware of the problem of excessive drinking.
- Compared to the previous study carried out in January 2014, the present sample of respondents comes across as drinking less frequently. Preferred alcoholic beverages consumed remained the same.
- Respondents who claimed that they mixed different types of alcohol during the same night has slightly increased. More than half of the respondents who drink alcohol claim that they consume different types of alcohol during the same night.
- o Bars remain the most popular environment within which alcohol is consumed.
- The number of respondents who declared they have suffered from a hangover in the last month, as well as those who declared they have been drinking heavily in the last month, have significantly decreased. However, one has to keep in mind that this study was carried out during a different month when compared to previous studies. Past research was carried out in January (referring to December as the previous month), whilst the fieldwork for this study was carried out between 17 November 8 December.

Comparison with past results

- o The leading reason for drinking remains to socialise, and the pattern of shifts in amount of alcohol consumed during the past year decreased slightly when compared to previous years.
- The reach of adverts promoting responsible drinking patterns increased when compared to the previous year. Those who claimed they did not recall seeing the adverts decreased by 10%.
- While the Health Authorities, Sedqa and the Road Safety Authority are perceived as the top three organisations which promote responsible drinking patterns, those who claimed that they recall Drinkaware adverts promoting responsible drinking patterns almost doubled from last year, amounting to 28.1%.
- Television remains the strongest medium, while bus shelters and billboards seem to have become a more popular medium when compared to previous studies.
- Awareness of drinkawaremalta.com and the Sense Group in Malta increased by 15.8% and 9.4% respectively.
- TV was the strongest medium for creating awareness about drinkawaremalta.com, followed by social media websites.

Comparison with past results

- Overall, the campaign achieved a higher reach when compared to the previous campaign. These adverts achieved a reach that varied from 17.6% to 23.3%.
- The media that proved to be the most effective for the advertising campaigns were TV, YouTube, Social Media Websites and Cinema adverts.
- 'Know your limits' video and 'Out of control' video were considered to be very effective in encouraging people to drink sensibly and highlighting the impact of public drunkenness on others.
- o 'Out of control' video seemed to be the most effective in making people think about their own drinking behaviour.
- Compared to the other two videos, 'When one is one too many' video was not as effective as the others. One has to keep in mind that respondents' age varied between 17 and 44, while this video was primarily aimed to target underage drinking.
- Respondents' knowledge about the Blood Alcohol Content level for a person to be able to drive according to the drink-drive laws in Malta increased slightly.

