



**The first pan-European programme** tackling binge drinking among young adults, and particularly exchange students.



In partnership with ESN, the biggest student association in Europe, present in **more than 1000** Higher Education Institutions from **42 countries**, accounting for 15,000 active members.



2018 likes

**Scientifically and independently evaluated** between 2015 and 2017 by a research team from the French Foundation for Research on Alcohology (FRA).







## Ex ISE Macon

Let's make this night to remember! #THISisESN #RP #MOSCOW #esnhsemsk #ResponsibleIsSexy #BustTheHangover #EnjoyResponsibly 🎄 🙌 🏠

## **MORE INFO?**

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A prevention program to tackle binge drinking among young adults





Responsible Party is a prevention programme launched in 2009 and conducted by Pernod Ricard in partnership with the Erasmus Students Network (ESN), the biggest and most important European student organization.

Since 2010, **Responsible Party programme has** been one of Pernod Ricard's commitments towards the European Alcohol & Health Forum, a platform where key stakeholders working on alcohol-related issues can debate, compare approaches and propose actions to tackle alcohol abuse and misuse.





The project has two main goals:

- raise awareness among young adults about the risk of overconsumption of alcohol;
- reduce alcohol related harm during student events.

Because of the target group - young adults, mainly exchange and local University students - Responsible Party operates on a peer-to-peer approach, considered to be more suitable for getting a responsible and moderation oriented message across.







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**Responsible Party can be activated during any normal party.** It is not the theme, but rather the label that provides a safer and more responsible environment for students.

**ESN volunteers serve as ambassadors of the programme.** Through distribution of informative and responsible material (leaflets, gadgets, condoms, water, etc.), they inform their peers how to make good decisions and enjoy alcoholic beverages responsibly. Ensuring the event runs smoothly! While the strategy of the programme is discussed at the European level between Pernod Ricard EMEA and the ESN International Board, the implementation is completely in the hands of the local ESN sections and their volunteers.



Responsible Party was scientifically and independently evaluated **by the French Foundation for Research on Alcohology** (FRA) between 2015 and 2017.

**Students gave their feedback through an online survey based upon validated questionnaires** (such as AUDIT, World Health Organisation) considered as leading throughout the scientific community.

The questionnaire was brought to their attention at the beginning and at the end of the exchange period (or the academic year for local students) and was aimed at observing their patterns of alcohol consumption and measuring the effect of their exposure to the Responsible Party programme.



**RESULTS** 12.000 university students replied to the auestionnaire in 2015/2016 and 30.400 in 2016/2017.

The evaluation report shows that the program is very positively perceived, with very high rates of approval.



88.8%

consider

it useful





**61.4%** reported a modification of their alcoholrelated

**behaviors** 

74.5% considered that distribution of water and responsible drinking message as clear and useful