

WHAT IS SMASHED ONLINE?

The Smashed Project is designed to equip young people with the information, awareness and confidence to make safe choices around alcohol by allowing them to explore the causes and consequences of underage drinking in a safe and motivational learning environment.

WHO CAN USE SMASHED ONLINE?

- Young people can use it independently
- Parents / Guardians can introduce it to their children and support their learning
- Teachers can set Smashed Online as part of the PSHE curriculum for Key Stage 3

HOW DOES IT WORK?

- Simply share the link with your students
- Students create a unique user ID
- This will bring up their own simple dashboard with activities to be completed in order
- Each 'Episode' starts with a filmed clip from the Smashed theatre piece
- Students complete the accompanying tasks online
- There are pre and post course surveys to be completed
- The whole course can take between 1 and 2 hours depending on the learner's needs
- Students can download a course certificate on completion
- All the content is linked to the PSHE Association's Programme of Study at Key Stage 3 (12 - 14 age group)

BACKGROUND

The video clips follow on from each other and tell the story of three teenage characters aged between 16 and 17 - Scott, Michelle and Lee - and their relationship with alcohol. By watching the video clips and completing the activities in order, students see the consequences of alcohol on the lives of the three characters.

ABOUT US

www.collingwoodlearning.com

www.smashedproject.org

**SMASHED
ONLINE**

ABOUT THE SMASHED PROJECT

The Smashed Project is dedicated to breaking the culture of underage drinking around the world. The live educational theatre programme visits 240 schools per year across the UK. Globally, it has reached 900,000 young people in 25 countries. It is brought to you by the award-winning Collingwood Learning, a company specialising in creative education, specifically using theatre and storytelling.

Just like the live programme, Smashed Online is designed to equip young people with the information, awareness and confidence to make informed choices around alcohol as they grow up.

LEARNING OUTCOMES

- Key health facts relating to underage drinking
- The causes for underage drinking
- The potential social, academic, and health-based consequences of underage drinking
- Understanding peer pressure and other influences on our decision making
- Making positive, responsible, informed decisions under pressure
- Sources of information, advice, and guidance around alcohol for young people

WIDER PROJECT AIMS

- Involve participants in a fun and engaging creative learning experience
- Promote and facilitate discussion surrounding the key themes of the alcohol awareness programme in the home and in school
- Encourage the participants to think for themselves and make informed choices in the future
- Provide a rehearsal for real life
- Explore key themes in a safe and motivational environment
- Provide a springboard for further alcohol education within PSHE

SMASHED ONLINE - AN OVERVIEW

Episode 1 - Young People & Underage Drinking

We meet three teenage friends who are spending the evening together. *In this section we explore influences and reasons why young people might choose to drink alcohol.*

Episode 2 - The Facts about Alcohol

Scott and Michelle are tested by their teacher about their knowledge of underage drinking. *Here we explore the consequences of underage drinking, and the myths surrounding alcohol.*

Episode 3 - Underage Drinking & Behaviour

Lee illegally buys alcohol for Scott and Michelle which they drink over the course of an evening in the park. *We see the effects of underage drinking in social situations, including its impact on our emotions and sense of risk.*

Episode 4 - Underage Drinking & Healthy Relationships

Scott is brought home drunk by his friends. *This section focuses on how underage drinking can impact on our family relationships, and sources of help.*

Episode 5 - Underage Drinking & Peer Pressure

We see the three characters at Lee's party where Scott has a choice to make. *We explore peer pressure and strategies for dealing with peer pressure.*

Episode 6 - The Consequences of Underage Drinking

The party is still going and the three friends have been drinking all evening. The night ends in a tragic accident. *In this section we consider some of the possible longer-term consequences of underage drinking including our relationships, career and health.*

TEACHER CURRICULAR LINKS

KS3:

H24 - to evaluate myths, misconceptions, social norms and cultural values relating to drug, alcohol and tobacco use

H25 - strategies to manage a range of influences on drug, alcohol and tobacco use, including peers

H26 - information about alcohol, nicotine and other legal and illegal substances, including the short-term and long-term health risks associated with their use

H27 - the personal and social risks and consequences of substance use and misuse including occasional use

H28 - the law relating to the supply, use and misuse of legal and illegal substances

H29 - about the concepts of dependence and addiction including awareness of help to overcome addictions

H30 - how to identify risk and manage personal safety in increasingly independent situations, including online

H31 - ways of assessing and reducing risk in relation to health, wellbeing and personal safety

R2 - indicators of positive, healthy relationships and unhealthy relationships, including online

R20 - to manage the influence of drugs and alcohol on decision-making within relationships and social situations

R42 - to recognise peer influence and to develop strategies for managing it, including online

R43 - the role peers can play in supporting one another to resist pressure and influence, challenge harmful social norms and access appropriate support

R44 - that the need for peer approval can generate feelings of pressure and lead to increased risk-taking; strategies to manage this