

## Alcohol in the Workplace

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**Alkohol am Arbeitsplatz**  
**Working Group on Alcohol and**  
**Responsibility / Bundesverband der**  
**Deutschen Spirituosen-Industrie und -**  
**Importeure e.V.**  
**Germany**  
**2006 > Ongoing**

**#AwarenessRaising #StaffTraining**



### Objective

To provide help and guidance on addressing the subject of and taking responsibility regarding alcohol in the workplace.

### Description

#### **Look, Listen, Talk! - Alcohol in the Workplace - A guide for helping co-workers**

The BSI Working Group on Alcohol and Responsibility published the second edition of its leaflet "Hinsehen, Zuhören, Ansprechen! - Alkohol am Arbeitsplatz - Ein Leitfaden für die kollegiale Hilfe" (Look, Listen, Talk! - Alcohol in the Workplace - A guide for helping co-workers) in March 2009. The revised leaflet was compiled in cooperation with BGN.

The leaflet provides help and guidance on addressing the subject of and taking responsibility regarding alcohol in the workplace. Emphasis is on helping co-workers.

People spend a lot of time with co-workers - in some cases more than with family members. Because of this, co-workers are often able to identify signs of alcohol problems and offer help at an early stage.

As in previous years, BSI member companies and others continued to be able to order the leaflet from BSI in 2019 and 2020.

## Alcohol in the Workplace: A Sober Look - A guide for self-monitoring and helping co-workers

Since February 2021, the BSI Working Group on Alcohol and Responsibility has published a new leaflet, "Alkohol am Arbeitsplatz – nüchtern betrachtet!" (Alcohol in the Workplace: A Sober Look – A guide for self-monitoring and helping co-workers).

The new leaflet has various areas of focus, with tips for a responsible attitude towards alcoholic beverages in the workplace and when working from home, strategies for stress prevention and tips for supporting co-workers. To provide people with an easy way of assessing their own consumption, the leaflet incorporates the WHO Alcohol Use Disorder Identification Test (AUDIT). The leaflet also has the support of policymakers, such as with foreword by Daniela Ludwig, the Federal Drug Commissioner from 2019 to 2021.

## Partners

Cooperation with Berufsgenossenschaft Nahrungsmittel und Gastgewerbe (BGN), the German Social Accident Insurance Institution for the foodstuffs and catering industry

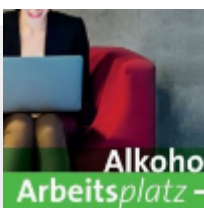
## Results

10,000 'Hinsehen, Zuhören, Ansprechen!' leaflets were produced in February 2009 (second edition).

5,000 'Alkohol am Arbeitsplatz – nüchtern betrachtet!' leaflets were produced in February 2021 (first edition)

## Downloads

## Photo gallery



## Documents

**2021 Alkohol am Arbeitsplatz.pdf** (pdf - 1.69 Mo)

**Feb 2019: Look, Listen, Talk! second edition** (pdf - 0.88 Mo)